



Proximity Zone

Mechanics:

Treats and leash are in the opposite hand from the side on which you walk your dog (i.e., if you walk your dog on the left, the treats and leash are in your right hand).

Take a treat from the leash hand and hold it at your hip on the side you normally walk your dog on.

When your dog is close, lower your hand down to nose height and deliver the treat at the seam of your pants.

1. Step in close to your dog and use the mechanics above to deliver your treat.
2. Take one step forward, backwards, left, or right. Hold the treat at your hip until your dog moves to you to get their reward and deliver it to them at the seam of your pants.
3. Repeat. The dog should begin to move with you as you step around. Reward close to your body.

The goal of this game is to build a reinforcement zone close to you, with easy wins for the dog. The dog begins to see your movement as a cue to move toward you and helps them stay attentive to you and not to your hands.